

MADE WITHOUT GLUTEN
GUIDE



THE UNIVERSITY OF
TENNESSEE
KNOXVILLE



VOLUNTEER DINING



Haslam & Art & Architecture

BREAKFAST

Whole Egg, Plain

LUNCH/DINNER

Strawberry Chicken Salad

SIDE ITEMS

- Barbeque Kettle Chips
- Original Kettle Chips
- Jalapeno Kettle Chips
- Potato Salad
- Fruit Cup

BEVERAGES

- Any signature coffee beverage
- Any classic coffee beverage
- Any smoothie
- Any lemonade
- Hot Tea
- Green Tea
- Black Tea
- Hot White Chocolate
- Hot Cocoa

OTHER

Any whipped cream cheese shmear



STARBUCKS®

Hodges & Student Union

BREAKFAST

- Classic Whole-Grain Oatmeal
- Hearty Blueberry Whole-Grain Oatmeal

LUNCH/DINNER

No Options Available

BEVERAGES

Information Not Available

DESSERTS

- Gluten-Free Marshmallow Dream Bar
- Flourless Chewy Chocolate Cookie

OTHER

8-Grain Roll



Fred Brown & Student Union

BREAKFAST

Whole Egg, Plain

LUNCH/DINNER

- Tuna Chopped Salad
- Turkey Breast Chopped Salad
- Spicy Italian Chopped Salad

SIDE ITEMS

- Chips
- Apples

BEVERAGES

- Any Fountain Drink



Hodges & Student Union

BREAKFAST

No Options Available

LUNCH/DINNER

- Bacon Jalapeno Queso
- Beef, Seasoned Ground
- Beef, Seasoned Shredded
- Black Bean Corn Salsa
- Black Beans
- Brown Rice
- Cheese, shredded
- Chicken, Grilled Marinated
- Chipotle Cream Sauce
- Chorizo
- Cilantro Lime Rice
- Eggs
- Fajita Vegetables
- Fat Free Picante Ranch
- Fiery Habanero
- Guacamole
- Pico de Gallo
- Pinto Beans
- Pork, Pulled
- Red Chile Sauce
- Queso Diablo
- Roasted Chile Corn Salsa
- Salsa Roja
- Salsa Verde
- Sour Cream
- Steak, Grilled

DESSERTS

- Apple Sauce, natural



Haslam & Art & Architecture

BREAKFAST

Hash Browns

LUNCH/DINNER

- Grilled Chicken Sandwich (no bun)
- Grilled Market Salad

SIDE ITEMS

- Fruit Cup
- Waffle Fries

BEVERAGES

Any Beverage

DESSERTS

- Vanilla Milkshake
- Chocolate Milkshake
- Strawberry Milkshake
- Icedream Cup
- Frosted Lemonade

OTHER

- Reduced Fat Berry Balsamic Dressing
- Buttermilk Ranch Dressing/Sauce
- Avocado Lime Ranch Dressing
- Zesty Apple Cider Vinaigrette Dressing
- Spicy Dressing
- Light Italian Dressing
- Fat Free Honey Mustard Dressing
- Polynesian Sauce
- Barbecue Sauce
- Honey Mustard Sauce
- Chick-fil-a Buffalo Sauce
- Honey Roasted BBQ Sauce
- Chick-fil-a Sauce



VOL HALL

BREAKFAST

Hash Browns

LUNCH/DINNER

No Options Available

BEVERAGES

Hot Coffee
Iced Coffee
Espresso Shot
Hot Latte
Iced Latte
Cappuccino
Coolatta



VOL HALL

BREAKFAST

No Options Available

LUNCH/DINNER

Tomato Bisque Soup

SIDE ITEMS

Potato chips

BEVERAGES

Any Fountain Drink

OTHER

- Any dressing
- Any sandwich topper
- Italian 3-cheese Blend
- Cheddar
- Mozzarella
- Swiss
- Bacon
- Chicken
- Ham
- Pepperoni
- Salami
- Turkey
- Tuna



Cumberland and Student Union

BREAKFAST

- Classic Whole-Grain Oatmeal
- Hearty Blueberry Whole-Grain Oatmeal

LUNCH/DINNER

Steamed Rice

BEVERAGES

Any fountain drink

OTHER

- Sweet & Sour Sauce
- Chili Sauce
- Plum Sauce
- Hot Mustard



CUMBERLAND

LUNCH/DINNER

Strawberry Chicken Salad

SIDE ITEMS

Coleslaw

BEVERAGES

- Lemonade
- Sweet Tea
- Unsweet Tea

OTHER

Cane's Sauce
Honey Mustard Cane's Sauce



THOMPSON BOLING ARENA

LUNCH/DINNER

Italian Chopped Salad
Savannah Chopped Salad
Southwest Cobb Salad
Taco Salad
Southwest Roasted Corn Soup
Tomato Bisque
Traditional Chili
Veggie Chili
White Chicken Chili
Nacho Basket
Bacon Spud
Cheese Spud
Grilled Chicken Spud
Justaspud
Spud Max
Spud Ole
Veggie Spud

BEVERAGES

- Lemonade
- Sweet Tea
- Unsweet Tea

MEATS

- Applewood Smoked Bacon
- Black Angus Roast Beef
- Black Forest Ham
- Butterball Smoked Turkey
- Corned Beef
- Crumbled Bacon
- Grilled Chicken Breast
- Pastrami
- Salami
- Tuna Salad

OTHER

ALL dressings and cheeses